

STICHTING
VRIENDEN
SENGEREMA
HOSPITAL

Annual Report 2024

Foundation Friends of Sengerema (Stichting Vrienden Sengerema Hospital, SVSH) was founded in 2011 by a group of passionate former student doctors of Sengerema Hospital. Over the years our foundation has grown to an active and ambitious support to the hospital. Due to the overwhelming support of our donors we have been able to make a real difference for the hospital, its employees and its patients.



Stichting Vrienden Sengerema Hospital
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Board 2024

Chairman
Niek Versteegde

Treasurer
Sandra Zoetelief

Secretary
Rian Jager

Communications and Public Relations, head of project NICU
Milou van Ingen

Introduction

Dear reader, thank you for taking the time and effort to read this annual report. 2024 was the 13th year of our existence.

It was a remarkable year with the installation of the solar park as the absolute highlight. The construction of a paediatric intensive care unit was another major contribution to the hospital. The continuation of obstetric training in the labour ward helped improve the quality of care given to delivering mothers and their newborns.

In the Mwabaluhi ward of Sengerema, the government opened a new district hospital, which resulted in the loss of a significant number of staff. However, the new hospital is not yet fully operational, which means the hospital is still very relevant to the people of Sengerema district. Nevertheless, it does put an emphasis on the development of specialized services so that the hospital and its services stay significant in the area.

We continued our running projects like the poor fund, the NICU, care for children with severe burns, and provision of alcoholic hand rub, which have been running continuously for the past years and contribute significantly to the accessibility and quality of healthcare in Sengerema DDH.

Projects of the foundation Friends of Sengerema (SVSH)

Achievements

- Installation of a solar park, providing the hospital with a reliable and sustainable source of energy
- Supported the hospital with approximately 1500 litres of methylated spirit for clean and safe patient care
- … patients with burns treated
- 177 patients supported with medication and procedures who were unable to pay for these themselves
- Support through salary of 2 nurses in NICU
- Establishment of a paediatric high care unit, being able to provide care for the acute and critically ill children
- Provision of blood transfusion bags to ensure lifesaving transfusions
- Support for children with malnutrition
- Continued employment of a medical doctor in Global Health and Tropical Medicine to support local project management and help reduce the workload in the hospital

Recurrent projects

The recurrent projects are still a valuable contribution to the hospital. We provide alcoholic hand rub for hand hygiene to prevent patient to patient transmission of infections. Furthermore, the blood bank receives funding to ensure safe blood transfusions by organising blood donation campaigns in secondary schools and acquiring rapid diagnostic tests for syphilis, HIV and Hepatitis B so that in case of an emergency the hospital can screen blood locally. Sengerema hospital is the only hospital in Mwanza region that provides this service, as it is officially not allowed by government law to give out locally screened blood. The only officially approved blood products need to be screened by the zonal blood bank in Mwanza. Unfortunately the results of the central screening take a long time, resulting in a low stock of blood products. By making locally screened blood available, the hospital has a unique position in providing patients with lifesaving blood transfusions.

Poor fund

Since the start of SVSH, the foundation is helping patients who cannot pay for their treatment in the hospital through the Poor Fund. This helps to ensure that patients who are unable to pay for their treatments to still be able to receive often lifesaving care.
Friends of Sengerema Hospital donates hospital meals as well as payment of medications and procedures. Any patient who claims to not be able to afford treatment is screened by the matron and the social welfare officer of the hospital to establish if there is absolutely no contribution possible from the patient or their family and if not, they arrange the payment.
In 2024 a total of 177 patients received treatment through the poor fund. Thanks to a strict follow-up by the matron and the social welfare office, only patients who were in dire need received free care. The treatment of the other patients who claimed to have insufficient funds were paid through other means, like payment schemes.

Burns

In 2024, a total of .. patients were admitted with acute burns, and .. patients needed to be operated. The hospital is well known for the ability to take care of these kinds of patients and the surrounding health facilities in the district refer patients with this condition to the hospital. Since admission time of these patients is often long and the wounds need a significant time to heal, it is most often not feasible for the patient to pay for the treatment. SVSH provided medication and supplies for these patients and paid for the operation costs. Koen took care of these children.

Solar installation

The largest project in terms of cost and impact this year was the installation of a large solar system including batteries to provide the hospital with reliable, safe, and free of charge electricity. The system has a capacity of almost 200kW peak power and 480kwh energy storage. The project implementation and fund raising were carried out together with our partner 'Sopowerful', a Dutch NGO specialised in realising solar power in challenging low resource settings. Main contributors were COLAM initiatives (FR), Stichting Onesimus (NL) and BayWa Foundation (DE). The goal of the project was to provide around 90% of the hospitals electricity with some overcapacity for future growth and implementation of other projects. Overall the system functions well since installation without major flaws or technical errors and there were no (unintended) power cuts anymore like we have had in the past when the hospital was still relying on the national grid. Electricity bills have been drastically reduced and usage of the diesel generator has been pushed back to less than 1%. The system went live during the fourth quarter of the year. It was inaugurated during a celebration (together with the opening of the new theatre building constructed by SIMBA Health foundation) on the 1st of November in presence of the arch bishop and minister of energy.

The entire system is expected to last for at least 20 years. The hospital has hired a dedicated solar electrician to ensure sustainability of the project. There is a remote monitoring system that is being tracked by the electrician and the solar contractor 'Greenlink'. This helps to discover system errors and act timely to prevent further damage to the system. Yearly inspection and maintenance will be carried out by the contractor. Funds are being saved on a special euro bank account in Tanzania to renew the battery pack after its expected lifespan of 10 years. The hospital management team is looking into a water and fire insurance to support in case of a calamity. Furthermore, there are spare solar panels and spare inverters stationed at the hospital terrain in case of a malfunctioning or break down, in order to reduce possible service disruption (since most components are very expensive en need to be transported from outside the country).



In the coming year, the hospital needs to focus on energy management. This is the final stage of the project and will help to save electricity, thereby enabling an even higher cost reduction and improving the lifespan of the system. Currently a plan is being written by Sopowerful that will guide the hospital to do so.

Emergency and Critical Care: Paediatric High Care Unit

After completion of the project plan and securing funds from Wilde Ganzen at the end of 2023, the construction of Paediatric Intensive Care Unit (PICU) was started in the children's ward. A clean, spacious and bright area was created with a capacity of 10 patients. This space helps the nurses to focus more on critically ill children. Monitors were installed to record real time vital signs of patients. The central nursing station that was also renovated houses a patient overview with these vital signs. The location of the nursing station gives nurses the opportunity to oversee children in PICU and at the same time serves caretakers of patients at the general children's ward that come with questions. An additional budget came after Koen and Sharon won the publics vote of the Netherlands Albert Schweitzer Fund (NASF) for innovative health care projects in LMIC. This was used for several additions such as new beds, a refrigerator for special medication, a suction device, a trolley for emergency drugs and supplies, and special ward shoes for patients and staff. Also, two courses of ETAT, Emergency Triage Assessment and Treatment (two consecutive days each) were given to hospital doctors and nurses under supervision of a Paediatrician from Geita. ETAT focuses on early recognition of critically ill children and treating first what kills first in order to improve outcome of in patient care.



Paediatric ICU

Partoma

Partoma, an acronym of ‘partograph’ and ‘mama’, started as a research project in 2021. It consists of a pocketbook guide with locally adjusted clinical guidelines and short trainings. During these monthly half-day courses skills and knowledge are being shared to and by local staff. The organisation was done by one of the hospital nurses named Edgar. Funding came from crowdfunding through Dutch students and the Catholic Church in Ede. Unfortunately the courses stopped during the second half of the year. After opening of the new government district hospital in Sengerema, the local organiser Edgar shifted to the new hospital and there was less priority of staff to attend the courses. At the same time, a new guideline for intrapartum care was published by the WHO: the labour care guide. This meant the partograph was not being used anymore. It will be a challenge of the coming year to restart these types of trainings, as the labour ward staff is very motivated to be trained.

Employment of Koen and Sharon



Koen (global health physician) and Sharon (midwife) have both made an effort to improve the quality of care in the hospital. Koen had a role in the oversight of the projects concerning the solar system, the realisation of the PICU and played a big part in the care for the burn patients. Sharon worked parttime in the labour ward of the hospital. Their contract will end on April 2025.

Financial report 2024

Fundraising

To achieve its objectives, Stichting Vrienden Sengerema Hospital raises funds through various channels, including individuals, other not-for-profit organizations, and campaigns. In 2024, total fundraising income amounted to €33,844.

As in previous years, the majority of income was derived from other not-for-profit organizations, which accounted for 60% of total income in 2024. The remaining 40% was contributed by individuals.

Fundraising Income

In line with Guideline 650, total income has been categorized, as in 2023, into income from individuals and income from other not-for-profit organizations.

Income from Other Not-for-Profit Organizations

In 2024 the largest share of income came from other not-for-profit organizations and amounted to €17,200, a decrease of €224,570 compared to 2023 (€241,770).

Income from Individuals

Income from individuals amounted to €11,289 in 2024. These donors support the foundation through recurring direct debit donations and one-off contributions. Of total income, 81% came from recurring direct debit donations (monthly, quarterly, or annually) and 19% from one-off donations. Recurring donations remained stable in 2024 at €9,115 (2023: €9,159). One-off donations decreased in 2024 to €2,173 (2023: €4,245).

Other Income

In 2024, an amount of €5,355 was raised through various campaigns.

Analysis of Results

In 2024, Stichting Vrienden Sengerema Hospital raised €33,844 compared to €262,515 in 2023, representing a decrease of 87% (€228,671). This decline is due to 2023 being an exceptional year in regard to the funding for dedicated projects. We raised capital for the Solar installation, renovation of the Pediatric High Care Unit and the burns and malnutrition projects.

Project costs can be divided into Recurring Projects (€23,140 vs €39,165 last year) and Non-Recurring Projects (€19,732 vs €258,995 last year). Total expenditure on projects amounted to €42,872, a decrease of 86% compared to 2023 (€298,160). This decline is also due to the fact that most of our projects in 2023 where Non-Recurring Projects

In addition to project expenditures, the foundation incurred management and administration costs a total of €999. Registration costs were €603, an increased by €466 compared to 2023 (€137) due to the transition to a new accounting system. Website costs were €396 and remained virtually unchanged in 2024 (-6%) compared to 2023 (€420).

Total operating expenses as a percentage of fundraising income amounted to 3.5% in 2024, an increase compared to 2023 (0.2%). This increase is attributable to lower donation income.

Stichting Vrienden Sengerema Hospital closes the year 2024 with a negative result of €10,578.

Risks and Uncertainties

Principal Risks and Uncertainties

Stichting Vrienden Sengerema Hospital is exposed to various risks and uncertainties. The foundation has taken measures to minimize these risks. The Board applies the 'Bowtie' risk analysis methodology to identify risks and corresponding control measures. The main risks faced by the foundation are described below, followed by the measures implemented to mitigate them.

The foundation may no longer be able to cover its own operational costs

If, for unforeseen reasons, the income of Stichting Vrienden Sengerema Hospital were to cease suddenly, the foundation may no longer be able to cover its own operational costs. In addition, an unexpected increase in its own costs could lead the foundation to face liquidity problems. To mitigate these risks, the foundation maintains a continuity reserve. This reserve enables the foundation to cover its operating costs, including an estimate of the value of in-kind sponsorship, for approximately one and a half years.

General mismanagement at one of the local projects

To minimize the risk of general mismanagement at one of the projects sponsored by Stichting Vrienden Sengerema Hospital, the foundation applies a critical review procedure. Through this review, a rotating group of project coordinators assesses the current status and risks of the local institution. A partnership can only be initiated with the approval of both the review procedure and the Board. Institutions are only eligible for follow-up projects once previous projects have been formally completed, which is only possible after submission of the evaluation report. For projects in which the foundation engages in long-term cooperation, contractual obligations require the submission of a progress report every six months. If such reports are not provided, Stichting Vrienden Sengerema Hospital will not proceed with further payments.

Falsification of documents in a project

To minimize this risk, the foundation applies the four-eyes principle. One project coordinator initiates the project, while another oversees compliance with the processes. In the event of suspected fraud or distrust, the project coordinator may call upon a confidential advisor.

Balance as at 31 december 2024

(After appropriation of result)

	Notes	31/12/2024		31/12/2023	
Asset		€	€	€	€
Current receivables	(4.1)		0		0
Cash and cash equivalents	(4.2)		19,923		30,500
			19,923		**30,500**
Liability					
Reserves and funds					
Reserves					
Continuity reserve	(4.3)	2,000		2,000	
Designated reserves	(4.4)	17,923		28,500	
			19,923		30,500
Funds					
Designated funds	(4.6)				0
			19,923		30,500
Current liabilities	(4.7)		0		0
Total			**19,923**		**30,500**

*Continuity reserve (reserve maintained to ensure the organisation can meet its obligations in the long term)

Statement of income and expenditure

	Notes	Actual 2024	Budget 2024	Actual 2023
		€	€	€
Income	(5.1)			
Total funds raised		28,489	30,000	105,589
Other income		5,355		6,926
Total Income		**33,844**	**30,000**	**112,515**
Expenditures				
Expenditures on Objective	(5.2)			
Project Costs		42,872	35,000	148,160
Administrative Costs	(5.4)	999	1,000	558
Total expenditures		**43,871**	**36,000**	**148,718**
Result before financial income and expenses		**-10,027**	**-6,000**	**-36,203**
Net Financial Income and Expenses	(5.5)	-550	-600	-623
Result after financial income and expenses		**-10,578**	**-6,600**	**-36,826**
Appropriation of the result:				
Appropriation to/Withdrawal from;				
Designated reserves		-10,578	-6,600	-36,826
Total		**-10,578**	**-6,600**	**-36,826**

Budget 2025

In 2025, Stichting Vrienden Sengerema Hospital aims for a balanced allocation between project expenditures and fundraising. The financing of projects will continue to depend largely on contributions from individuals and other non-profit organizations.

Expected income from individuals and non-profit organizations in 2025 amounts to €20.000. For project expenditures, a total of €18.000 has been reserved, allocated to both one-off and multi-annual projects.

Fundraising expenses and management and administration costs are expected to remain broadly in line with the 2024 expenditures. The percentage of own costs in relation to fundraising income is projected to be less than 10% in 2025.

General Notes

Principles of Valuation and Income Recognition

The financial statements have been prepared in accordance with Guideline for Annual Reporting 650 for Fundraising Institutions, supplemented by the requirements of the Central Bureau on Fundraising (CBF). The budget included in the statement of income and expenditure has not been audited.

Valuation of Assets and Liabilities

Unless otherwise indicated, assets and liabilities are measured at nominal value.

Reserves and Funds in the Balance Sheet

It is the established policy of the Board that all reserves and funds are to be used for achieving the objectives of the foundation as described above.

Continuity Reserve

This reserve has been established in accordance with the Guideline for Financial Management of Charitable Organizations and serves as a buffer, enabling Stichting Vrienden Sengerema Hospital to continue its activities for a certain period in the event of financial setbacks. It specifically covers risks related to fluctuating and/or disappointing income, as well as unforeseen operating expenses. In line with the aforementioned guideline, the reserve may amount to a maximum of one and a half times the annual operating costs of the organization.

In calculating the continuity reserve, in addition to the annual management and administration expenses and fundraising expenses included in the financial statements, an estimate has been made.

Designated Reserves

The designated reserve for objectives is intended for the realization of the objectives of Stichting Vrienden Sengerema Hospital. The above-mentioned restriction on the reserves has been determined by the Board. No obligations are attached to the designated reserves.

Other Reserve

Undesignated Reserve.

Designated Funds

Designated funds are held for donations, gifts, and sponsorships for which the donor has specified a particular (project) purpose, but which have not yet been spent as of the balance sheet date.

Principles of Income Recognition

Receipts and expenditures are allocated in the statement of income and expenditure to the period to which they relate. A consistent policy is applied in this allocation. This means that the balance sheet takes into account amounts attributable to a particular period that have been or will be received or paid in another period. All income is recognized on a gross basis under revenue, unless explicitly stated otherwise.

During the financial year, the foundation received in-kind sponsorship relating to management and administration costs. As the contribution cannot be estimated with sufficient reliability, neither the contributions nor the estimated costs have been included in the statement of income and expenditure.

Expenses incurred in order to realize specific income are presented as expenses in the statement of income and expenditure.

Notes to the balance sheet as at 31 December 2024

Figures are rounded and therefore may not add up exactly

		31/12/2024	31/12/2023
	Current assets	€	€
(4.2)	**Cash and cash equivalents**		
	RABO current account	10,800	21,377
	RABO savings account	9,123	9,123
		19,923	30,500

Liabilities and equity

	Reserves and funds	**2024**	**2023**
		€	€
(4.3)	**Continuity reserve**		
	Balance as at 1st January	2,000	2,000
	Appropriation of result	0	0
	Balance as at 31st December	2,000	2,000
(4.4)	**Designated reserves**		
	Balance as at 1st January	28,500	65,326
	Add/Deduct: appropriation of result	-10,578	-36,826
	Add/Deduct: continuity reserve	0	
	Balance as at 31st December	17,923	28,500

The movements are as follows:

	Balance as at 1st January 2024	Expenditures/ withdrawals 2024	Balance as at 31st December 2024
	€	€	€
Objectives	28,500	-10,578	17,923
	28,500	-10,578	17,923

		2024	2023
		€	€
(4.6)	**Designated funds**		
	Balance as at 1st January	0	0
	Add: appropriation of result		
	Deduct: appropriation of result	0	0
	Balance as at 31st December	0	0

		31/12/2024	31/12/2023
		€	€
(4.7)	**Current liabilities**		
	Approved projects	0	0
	Accrued liabilities	0	0

Notes to the balance sheet as at 31 December 2024

Figures are rounded and therefore may not add up exactly

		2024	2023
		€	€
(5.1)	**Income**		
	Donations from Individuals	11,289	13,819
	Income from Other Non-Profit Organizations	17,200	91,770
	Som van de geworven baten	28,489	105,589
	Other Income	5,355	6,926
	Total Income	**33,844**	**112,515**

		2024	2023
(5.2)	**Expenditures on Objective: Project Costs**	€	€
	Recurring Projects	23,140	39,165
	Non-Recurring Projects	19,732	108,995
	Total Expenditures on Objective Projects	**42,872**	**148,160**

		2024	2023
(5.4)	**Administrative Costs**	€	€
	Registration Costs	603	137
	Website Expenses	396	420
	Total Administrative Costs	**999**	**558**
	Total Operating Costs	999	558
	of which sponsored	0	0
	Net Operating Costs	999	558
	Netto eigen kosten als % van de geworven baten	**3.5%**	**0.5%**

		2024	2023
(5.5)	**Financial Income and Expenses**	€	€
	Interest from Savings Accounts	0	0
	Bank Charges	550	623
	Net Financial Income and Expenses	550	623

Notes on Expenditures

	Expenditures on Objective	Administrative Costs	Total 2024	Budget 2024	Total 2023
	€	€	€	€	€
Grants and Project Contributions Provided	42,872		42,872	35,000	148,160
Office and General Expenses		999	999	1,000	558
Total	42,872	999	43,871	36,000	148,718

*The members of the Board did not receive any remuneration or similar compensation for their activities during the financial year 2024.

Amsterdam, 1 juni 2025

Bestuur Stichting Vrienden Sengerema Hospital