

STICHTING
VRIENDEN
SENGEREMA
HOSPITAL

Annual Report 2023

Foundation Friends of Sengerema (Stichting Vrienden Sengerema Hospital, SVSH) was founded in 2011 by a group of passionate former student doctors of Sengerema Hospital. Over the years our foundation has grown to an active and ambitious support to the hospital. Due to the overwhelming support of our donors we have been able to make a real difference for the hospital, its employees and its patients.



Stichting Vrienden Sengerema Hospital
Kleine Houtweg 17c
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Board 2023

Chairman
Niek Versteegde

Treasurer
Sandra Zoetelief

Secretary
Rian Jager

Communications and Public Relations, head of project NICU
Milou van Ingen

Introduction

Dear reader, thank you for taking the time and effort to read this annual report. 2023 was the 12th year of our existence.

It was marked by the departure of Laura Duineveld as secretary, as she will be focusing her time on the opening of her own family medicine practice. Sebastian van Lare left the board to focus on his new job with Schiphol. Another departure was our board member Rian Jager as a Medical Doctor and project manager of the hospital. She started a PhD project, which will be carried out in Tanzania, with Sengerema hospital as one of the study sites. She will stay active as a board member in the role of secretary. She was succeeded by Koen Gelpke, who took over as an M.D. and supervision of the project management. His first project was the implementation of patient monitors in NICU and overseeing the building and renovation of a new paediatric high care unit.

We continued our running projects like the poor fund, running the NICU, care for children with severe burns, and provision of alcoholic hand rub, which have been running continuously for the past years and contribute significantly to the accessibility and quality of healthcare in Sengerema DDH.



Projects of the foundation Friends of Sengerema (SVSH)

Achievements

- Supported the hospital with approximately 1500 litres of methylated spirit for clean and safe patient care
- Provided funds for testing 500 blood donors for blood-transmittable-diseases like HIV and hepatitis
- 43 patients with burns treated
- 238 patients supported with medication and procedures who were unable to pay for these themselves
- Support through salary of 2 nurses in NICU
- Support through paying half of the salary of 1 medical doctor
- Establishment of a paediatric high care unit, being able to provide care for the acute and critically ill children
- Opening of a fully functional Emergency Department for high quality first assessment and improved survival
- Employment of a medical doctor in Global Health and Tropical Medicine to support local project management and help reduce the workload in the hospital

Recurrent projects

The recurrent projects are still a valuable contribution to the hospital. We provide alcoholic hand rub for hand hygiene to prevent patient to patient transmission of infections. Furthermore, the blood bank receives funding to ensure safe blood transfusions by organising blood donation campaigns in secondary schools and acquiring rapid diagnostic tests for syphilis, HIV and Hepatitis B so that in case of an emergency the hospital can screen blood locally.

Poor fund

Since the start of SVSH, the foundation is helping patients who cannot pay for their treatment in the hospital through the Poor Fund. This helps to ensure that patients who are unable to pay for their treatments to still be able to receive often lifesaving care.
Friends of Sengerema Hospital has, since the start of the foundation, contributed to the funding of treatments for all patients who cannot afford them, through donating for hospital meals as well as payment of medications and procedures. Any patient who claims to not be able to afford treatment is screened by the matron and the social welfare officer of the hospital to establish if there is absolutely no contribution possible from the patient or their family and if not, they arrange the payment.
In 2023 a total of 238 patients received treatment through the poor fund. Thanks to a strict follow-up by the matron and social welfare office, only patients who were in dire need received free care. The treatment of the other patients who claimed to have insufficient funds were paid through other means, like payment schemes.

Burns

In 2023, a total of 43 patients were admitted with acute burns, and 17 patients needed to be operated. The hospital is well known for the ability to take care of these kinds of patients and the surrounding health facilities in the district refer patients with this condition to the hospital. Since

admission time of these patients is often long and the wounds need a significant time to heal, it is most often not feasible for the patient to pay for the treatment. SVSH provided medication and supplies for these patients and paid for the operation costs. Unfortunately, the local Tanzanian medical doctor, dr Mektrida, who was responsible for the treatment of children with burns in the hospital, left to go into specialisation training in paediatrics. Koen took over the care of these children, with the help of another local doctor, dr Adolf Mbata.

Solar energy: a reliable and sustainable source of energy

Reliable electricity is a big problem for the hospital. The electricity company of the Tanzanian government TANESCO is an unreliable source, especially during raining season, and power cuts are very frequent. The hospital has a generator that needs diesel to function, which is both expensive and unfavourable for the environment. Due to fluctuation in the current, sensitive equipment that is being used in the hospital such as oxygen concentrators and patient monitors break down easily. In 2023, Sopowerful foundation came for a hospital visit to see if they could start a collaboration with Friends of Sengerema foundation to realise a project to install a system for solar energy for the hospital. A stakeholder meeting was held with the hospital management and the bishop and Sopowerful committed to helping Friends of Sengerema hospital with the initiation of this project, once funding would be secured. At the end of 2023, a sponsor was found by Koen to start this project in 2024 in collaboration with Sopowerful.



Stefano Crocu, founder of Sopowerful, at a meeting with hospital secretary Lesserian Saiguran.

Emergency Department

In Februari 2023, the new emergency department, built in cooperation with SIMBA HEALTH foundation, started operating. The emergency department is indispensable for a good first assessment of the critically ill patient, and essential to improve survival. An emergency cart with lifesaving medications makes sure patients receive treatment on arrival, instead of waiting for registration and payment, which occurred in the past. See below for an impression of the official opening, where the RCH building that was realised in 2022, was also blessed by bishop Flavian Kassala of Geita.


HUDUMA YA
DHARURA







NICU and Emergency and critical care project

The NICU received 10 patient monitors through a new project: the emergency and critical care project funded by Wilde Ganzen foundation and other donors. The monitors were installed in July and several training sessions were given to the nurses and doctors on how to operate them. The monitors measure and display real-time vital signs of babies that are connected to several sensors. This reduces the workload of overburdened staff that previously had to manually check vital signs of every patient separately. It thereby supports the staff to faster differentiate between stable patients and those who need emergency or critical care treatment. Sengerema Hospital was used as a pilot by the Ifakara Health Insitutue in collaboration with the company GOAL 3 that developed the monitors to analyse and research its effect and feasibility in low resource settings.

Paediatric high care unit

Another part of the emergency and critical care project was the realisation of a paediatric high care unit. Preparations were made for the building and renovation of this unit within the children's ward of the hospital. The current room that is being used as a high care unit is outdated and too small for the amount of patients that need intensive care. Furthermore, it is not a suitable working space for the staff of the children's ward. In the final months of 2023 several discussions took place with different stakeholders to identify local needs en to set goals for the project. After the construction phase, the same patient monitors as were used in the NICU will be implemented. The project is expected to start early 2024.



Employment of Koen and Sharon

In May 2023, Koen Gelpke (M.D. Global Health) and Sharon Veenstra (Specialized Midwife) took over the work of Rian Jager. They intend to stay two years and will be supported financially by SVSH. Their activities consist of clinical care and project management. Koen will also has a seat in the hospital management team to ensure smooth collaboration between the hospital and the foundation.

Financial overview 2023

Income and expenditure

SVSH has two separated cash flows. Our most important cash flow is the cash flow coming from our sponsors, this may come from individuals, foundations, and corporations. Donations from these sources will only be used for the direct benefit the hospital of Sengerema, unless specified differently by the donor. We are proud to say that 100% of the money coming from our donors is invested in this way.

The second cash flow consists of donations made by members of the board and other people who have chosen to contribute to overhead costs and reimbursement of expenses. These donations can be used to cover running costs including promotional materials and visits to Sengerema. Overhead costs and reimbursement of expenses can never exceed the amount donated for this purpose. If there is money left after withdrawing the running costs from the total amount of these donations, this money can be used for projects that directly benefit Sengerema Hospital.

Fundraising

To achieve its objectives, Stichting Vrienden Sengerema Hospital raises funds through various channels, including individuals, other not-for-profit organizations, and campaigns. In 2023, total fundraising income amounted to €262,515.

Because this year the majority of our funding came from other not-for-profit organizations, unlike in previous years, we see a significant swing in the distribution between these two categories. Funding from other not-for-profit organizations accounted for 95% of total income in 2023, while the remaining 5% was contributed by individuals.

Fundraising Income

In line with Guideline 650, total income has been categorized, as in 2023, into income from individuals and income from other not-for-profit organizations.

Income from Other Not-for-Profit Organizations

In 2023 the largest share of income came from other not-for-profit organizations and amounted to €241,770, an increase of €160,840 compared to 2022 (€80,931).

Income from Individuals

Income from individuals amounted to €13,819 in 2023. These donors support the foundation through recurring direct debit donations and one-off contributions. Of total income, 69% came from recurring direct debit donations (monthly, quarterly, or annually) and 31% from one-off donations. Recurring donations remained stable in 2023 at €9,159 (2022: €9,266). One-off donations decreased in 2023 to €4,245 (2022: €2,626).

Other Income

In 2023, an amount of €6,926 was raised through various campaigns.

Analysis of Results

In 2023, Stichting Vrienden Sengerema Hospital raised €262,515 compared to €93,817 in 2022, representing an increase of 180% (€168,698). This increase is due to 2023 being an exceptional year in

regard to the funding for dedicated projects. We raised capital for the Solar installation, renovation of the Pediatric High Care Unit and the burns and malnutrition projects.

Project costs can be divided into Recurring Projects (€39,165 vs €38,689 last year) and Non-Recurring Projects (€258,995 vs €64,000 last year). Total expenditure on projects amounted to €298,160, an increase of 190% compared to 2022 (€102,689). This increase is also due to the fact that most of our projects in 2023 are Non-Recurring Projects

In addition to project expenditures, the foundation incurred management and administration costs a total of €558. Registration costs were €137. Website costs were €420.

Total operating expenses as a percentage of fundraising income amounted to 0.2% in 2023, a decrease compared to 2023 (1.3%). This is attributable to higher donation income.

Stichting Vrienden Sengerema Hospital ends the year 2023 with a negative result of €36,826.

Risks and Uncertainties

Principal Risks and Uncertainties

Stichting Vrienden Sengerema Hospital is exposed to various risks and uncertainties. The foundation has taken measures to minimize these risks. The Board applies the 'Bowtie' risk analysis methodology to identify risks and corresponding control measures. The main risks faced by the foundation are described below, followed by the measures implemented to mitigate them.

The foundation may no longer be able to cover its own operational costs

If, for unforeseen reasons, the income of Stichting Vrienden Sengerema Hospital is to cease suddenly, the foundation may no longer be able to cover its own operational costs. In addition, an unexpected increase in its own costs could lead the foundation to face liquidity problems. To mitigate these risks, the foundation maintains a continuity reserve. This reserve enables the foundation to cover its operating costs, including an estimate of the value of in-kind sponsorship, for approximately one and a half years.

General mismanagement at one of the local projects

To minimize the risk of general mismanagement at one of the projects sponsored by Stichting Vrienden Sengerema Hospital, the foundation applies a critical review procedure. Through this review, a rotating group of project coordinators assesses the current status and risks of the local institution. A partnership can only be initiated with the approval of both the review procedure and the Board. Institutions are only eligible for follow-up projects once previous projects have been formally completed, which is only possible after submission of the evaluation report. For projects in which the foundation engages in long-term cooperation, contractual obligations require the submission of a progress report every six months. If such reports are not provided, Stichting Vrienden Sengerema Hospital will not proceed with further payments.

Falsification of documents in a project

To minimize this risk, the foundation applies the four-eyes principle. One project coordinator initiates the project, while another oversees compliance with the processes. In the event of suspected fraud or distrust, the project coordinator may call upon a confidential advisor.

Balance as at 31 december 2023

(After appropriation of result)

	Notes	31/12/2023		31/12/2022	
Asset		€	€	€	€
Current receivables	(4.1)		0		0
Cash and cash equivalents	(4.2)		30,500		67,326
			30,500		**67,326**
Liability					
Reserves and funds					
Reserves					
Continuity reserve	(4.3)	2,000		2,000	
Designated reserves	(4.4)	28,500		65,326	
			30,500		67,326
Funds					
Designated funds	(4.6)				0
			30,500		67,326
Current liabilities	(4.7)		0		0
Total			**30,500**		**67,326**

*Continuity reserve (reserve maintained to ensure the organisation can meet its obligations in the long term)

Statement of income and expenditure

	Notes	Actual 2023	Budget 2023	Actual 2022
		€	€	€
Income	(5.1)			
Total funds raised		255,589	100,000	93,817
Other income		6,926		
Total Income		**262,515**	**100,000**	**93,817**
Expenditures				
Expenditures on Objective	(5.2)			
Project Costs		298,160	100,000	102,689
Administrative Costs	(5.4)	558	1,000	1,197
Total expenditures		**298,718**	**101,000**	**103,886**
Result before financial income and expenses		**-36,203**	**-1,000**	**-10,069**
Net Financial Income and Expenses	(5.5)	-623	-500	-389
Result after financial income and expenses		**-36,826**	**-1,500**	**-10,457**
Appropriation of the result:				
Appropriation to/Withdrawal from;				
Designated reserves		-36,826	-1,500	-10,457
Total		**-36,826**	**-1,500**	**-10,457**

Budget 2024

In 2024, Stichting Vrienden Sengerema Hospital aims for a balanced allocation between project expenditures and fundraising. The financing of projects will continue to depend largely on contributions from individuals and other non-profit organizations.

Expected income from individuals and non-profit organizations in 2024 amounts to €30,000. For project expenditures, a total of €35,000 has been reserved, allocated to both one-off and multi-annual projects.

Fundraising expenses and management and administration costs are expected to remain broadly in line with the 2023 expenditures €1,000. The percentage of own costs in relation to fundraising income is projected to be 3.3% in 2024, which is higher than in 2023 (0.2%).

Income

Donations from Individuals	€	14,000
Income from Other Non-Profit Organizations	€	16,000
Other Income		
Total Income	**€**	**30,000**

Expenditures

Expenditures on Objective		
Recurring Projects	€	35,000
Non-Recurring Projects	€	-
Emergency aid	€	-
Programme implementation costs abroad	€	-
Administrative Costs		
Registration Costs	€	-
Website Expenses	€	-
Other cost	€	1,000
Total expenditures	**€**	**36,000**
Result before financial income and expenses	**€**	**-6,000**
Net Financial Income and Expenses	€	-600
Result after financial income and expenses	**€**	**-6,600**

General Notes

Principles of Valuation and Income Recognition

The financial statements have been prepared in accordance with Guideline for Annual Reporting 650 for Fundraising Institutions, supplemented by the requirements of the Central Bureau on Fundraising (CBF). The budget included in the statement of income and expenditure has not been audited.

Valuation of Assets and Liabilities

Unless otherwise indicated, assets and liabilities are measured at nominal value.

Reserves and Funds in the Balance Sheet

It is the established policy of the Board that all reserves and funds are to be used for achieving the objectives of the foundation as described above.

Continuity Reserve

This reserve has been established in accordance with the Guideline for Financial Management of Charitable Organizations and serves as a buffer, enabling Stichting Vrienden Sengerema Hospital to continue its activities for a certain period in the event of financial setbacks. It specifically covers risks related to fluctuating and/or disappointing income, as well as unforeseen operating expenses. In line with the before mentioned guideline, the reserve may amount to a maximum of one and a half times the annual operating costs of the organization.

In calculating the continuity reserve, in addition to the annual management and administration expenses and fundraising expenses included in the financial statements, an estimate has been made.

Designated Reserves

The designated reserve for objectives is intended for the realization of the objectives of Stichting Vrienden Sengerema Hospital. The above-mentioned restriction on the reserves has been determined by the Board. No obligations are attached to the designated reserves.

Other Reserve

Undesignated Reserve.

Designated Funds

Designated funds are held for donations, gifts, and sponsorships for which the donor has specified a particular (project) purpose, but which has not yet been spent as of the balance sheet date.

Principles of Income Recognition

Receipts and expenditures are allocated in the statement of income and expenditure to the period to which they relate. A consistent policy is applied in this allocation. This means that the balance sheet takes into account amounts attributable to a particular period that have been or will be received or paid in another period. All income is recognized on a gross basis under revenue, unless explicitly stated otherwise.

During the financial year, the foundation received in-kind sponsorship relating to management and administration costs. As the contribution cannot be estimated with sufficient reliability, neither the contributions nor the estimated costs have been included in the statement of income and expenditure.

Expenses incurred in order to realize specific income are presented as expenses in the statement of income and expenditure.

Notes to the balance sheet as at 31 December 2023

Figures are rounded and therefore may not add up exactly

		31/12/2023	31/12/2022
	Current assets	€	€
(4.2)	**Cash and cash equivalents**		
	RABO current account	21,377	58,203
	RABO savings account	9,123	9,123
		30,500	67,326

	Liabilities and equity		
	Reserves and funds	**2023**	**2022**
		€	€
(4.3)	**Continuity reserve**		
	Balance as at 1st January	2,000	2,000
	Appropriation of result	0	0
	Balance as at 31st December	2,000	2,000
(4.4)	**Designated reserves**		
	Balance as at 1st January	65,326	75,783
	Add/Deduct: appropriation of result	-36,826	-10,457
	Add/Deduct: continuity reserve	0	
	Balance as at 31st December	28,500	65,326

The movements are as follows:

	Balance as at 1st January 2023	Expenditures/ withdrawals 2023	Balance as at 31st December 2023
	€	€	€
Objectives	65,326	-36,826	28,500
	65,326	-36,826	28,500

		2023	2022
		€	€
(4.6)	**Designated funds**		
	Balance as at 1st January	0	0
	Add: appropriation of result		
	Deduct: appropriation of result	0	0
	Balance as at 31st December	0	0

		31/12/2023	31/12/2022
		€	€
(4.7)	**Current liabilities**		
	Approved projects	0	0
	Accrued liabilities	0	0
		0	0

Notes to the balance sheet as on 31 December 2023

Figures are rounded and therefore may not add up exactly

		2023	2022
		€	€
(5.1)	**Income**		
	Donations from Individuals	13,819	12,887
	Income from Other Non-Profit Organizations	241,770	80,931
	Som van de geworven baten	255,589	93,817
	Other Income	6,926	0
	Total Income	**262,515**	**93,817**

		2023	2022
(5.2)	**Expenditures on Objective: Project Costs**	€	€
	Recurring Projects	39,165	38,689
	Non-Recurring Projects	258,995	64,000
	Total Expenditures on Objective Projects	**298,160**	**102,689**

		2023	2022
(5.4)	**Administrative Costs**	€	€
	Registration Costs	137	881
	Website Expenses	420	316
	Total Administrative Costs	**558**	**1,197**
	Total Operating Costs	558	1,197
	of which sponsored	0	0
	Net Operating Costs	558	1,197
	Netto eigen kosten als % van de geworven baten	**0.2%**	**1.3%**

		2023	2022
(5.5)	**Financial Income and Expenses**	€	€
	Interest from Savings Accounts	0	0
	Bank Charges	623	389
	Net Financial Income and Expenses	623	389

Notes on Expenditures

	Expenditures on Objective	Administrative Costs	Total 2023	Budget 2023	Total 2022
	€	€	€	€	€
Grants and Project Contributions Provided	298,160		298,160	100,000	102,689
Office and General Expenses		558	558	1,000	1,197
Total	298,160	558	298,718	101,000	103,886

*The members of the Board did not receive any remuneration or similar compensation for their activities during the financial year 2023.

Amsterdam, 1 juni 2024

Bestuur Stichting Vrienden Sengerema Hospital